



Loving to learn and learning to grow at... St. Mary's Catholic School
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Proudly accredited by the New England Association of Schools and Colleges

St. Mary's Catholic School

"Spirit Day" Requirements

Whether in school uniform or out of uniform, students represent St. Mary's Catholic School and should dress modestly and accordingly. Therefore, clothing and attire worn by students at any and all school events should reflect and support the mission of St. Mary's Catholic School. The following apply to *all grades* within the school.

On Spirit Days, students will wear jeans, sneakers, and a St. Mary's t-shirt. Some t-shirt options might include the SMCS Superfan shirt, gym shirt, shooting shirt, sweatshirt, etc. The bottom line: The shirt you choose to wear needs to say "St. Mary's" on it and represent the school.

Some things to consider

- Form fitting yoga pants, leggings, and "jeggings" are NOT allowed on Spirit Days.
- Tank tops of any kind are not allowed. Shoulders should be covered.
- Undergarments should not be visible. Undergarments should not show above the waistline of pants, should not show through clothing, nor should any undergarment straps show outside of tops.
- Sneakers are the preferred footwear. Flip-flops and other types of backless sandals are not allowed.
- Jeans are the preferred bottom. You may also choose to wear your uniform pants or gym uniform pants. Shorts are NOT allowed unless otherwise stated.